

NeuroBalance Wheel

Emerging Top-Down

1. Resists immediate reactions to triggers, like staying calm instead of chasing a moving object

2. Moves calmly, maintaining control over their actions

3. Seeks comfort and checks in with the caregiver.



Conrad
Prefrontal Cortex
Executive Function

4. Cooperates by waiting calmly for shared outcomes

5. Learns and retains new skills easily.

6. Ability to adapt behavior in response to new information

Instinctual Bottom-Up

1. Overexcitement, unable to stop, zoomies

2. Frantic, uncontrollable movement such as pacing or jumping

3. Isolates, avoids help, and works independently under stress.



Tom
Limbic System,
Emotional Centre

4. Seeks instant rewards without waiting or engaging.

5. Lesson need to be re-taught regularly

6. Struggles with adapting to new situations

